

## Obtaining Health Insurance Reimbursement

### Determining Insurance Benefits:

I do not file insurance for my clients, and I would be considered an out-of-network provider for all insurance companies, including Medicare and Medicaid.

Most health insurance membership cards have a 1-800 phone number that you can call for authorization of mental health benefits. Some questions you might ask are:

1. What are my mental health benefits?
2. What is the coverage amount per therapy session?
3. How many therapy sessions does my plan cover?
4. How much does my insurance pay for an out-of-network provider?

You may need the following information about my credentials:

Melanie K. Stone, Ph.D., H.S.P.P.  
Indiana License Number #20040643A  
National Provider Identifier #1285789768  
Tax Identification #41-2250234  
Liability Insurance \$million/\$3 million

### Filing a Claim:

I will provide you with a receipt for services at the end of each session, with the codes on it that the insurance company will need to reimburse you. Attach the receipt to your insurance claim form, which you can download from your insurance website. Fill in the top portion of the claim form, including any authorization number your insurance company may give you. **Do not sign the box authorizing payment directly to me.**

Start a file, and keep track of insurance payments. Be sure to contact your benefits office if there are any problems with reimbursement.